

GOVERNMENT OF THE DISTRICT OF COLUMBIA
Child and Family Services Agency
HEALTHCARE QUICK REFERENCE GUIDE
Preventative and Ongoing Healthcare



Contact the Child and Family Services Agency (CFSA) Clinical and Health Services Administration (CHSA) On-Call Information Line at 202.498.8456, 24 hours per day, 7 days per week. For purposes of this quick reference guide, the term “child” includes both infants and youth, as applicable.

1. The social worker shall place a copy of any initial medical screening documentation in the placement folder.
 - Results of screening for HIV/AIDS must be forwarded to the CFSA Medical Director and kept confidential.
2. For ongoing routine doctor appointments, caregivers may choose a private pediatrician or healthcare practitioner via the District of Columbia Medicaid provider network. The pediatrician or practitioner must accept DC Medicaid as a form of reimbursement.
3. The assigned social worker and caregiver shall together schedule ongoing routine doctor appointments and accompany the child to the appointment.
4. For children and youth with a nurse care manager (NCM), the social worker shall collaborate with the NCM to coordinate services for the child.
5. Periodic well-child visits shall occur according to the current guidelines of the American Academy of Pediatrics. (See DC HealthCheck* and Dental Periodicity Schedules attached to the policy on [Preventative and Ongoing Healthcare](#).) *DC Healthcheck is the District of Columbia’s provider education system.
6. The CHSA mental health specialist discusses the results of the mental health screenings with the social worker and NCM (if applicable).
 - a. As applicable, CHSA makes the referral to the Department of Mental Health for further assessment and determination if services are needed.
 - b. The social worker (in collaboration with the NCM, if needed) develops the case plan and an NCM plan of care, respectively, to ensure services are coordinated for the child.
7. When there is a mental health emergency involving a child or youth, the Children and Adolescent Mobile Psychiatric Service (ChAMPS) shall be contacted immediately by the caregiver, the school personnel, the assigned social worker, or other CFSA or private agency staff.
8. The Child Abuse Prevention and Treatment Act requires the following assessments for children:
 - a. All children who are under 3 years of age and who are also involved in a substantiated case of child maltreatment must be screened for developmental delays.
 - Children under the age of 36 months are referred through CHSA to the DC Office of the State Superintendent of Education for a detailed developmental assessment.
 - b. Children older than 3 years of age must receive age-appropriate developmental assessments at routine medical visits and may receive further evaluation by the DC Public Schools Early Stages Program.

9. CHSA shall be notified of every child in care who is identified as having “special needs”, including a chronic illness or condition.
 - When a child or youth has a chronic illness or condition, a treatment plan shall be established by the primary healthcare practitioner detailing the proposed treatment, alternative treatments, and any risks or benefits.
10. If a child presents to the CFSA with symptoms of a communicable disease (i.e., acute or chronic infectious conditions that are capable of being transmitted from one person to another), the social worker shall immediately notify CHSA and obtain immediate guidance as to universal or isolation precautions, in addition to the appropriate course for securing immediate health care for the infected individual(s).
 - In the event that the social worker must transport the potentially infected child for medical attention, social workers are strongly advised to utilize the safety kits placed in each government vehicle.
11. CFSA requires Agency staff, contracted agency staff, caregivers, and residential facilities engaged in providing direct services to children that age-appropriate children and families to be trained in how to use universal infection control precautions on a daily basis.
12. Official notifications regarding possible exposure of staff to a communicable disease shall be made only by the CHSA medical director.
 - If CFSA staff or clients are exposed to a communicable disease, CHSA shall advise of the need for the affected individuals to seek medical attention.

To read this online policy in its entirety, click on [Preventative and Ongoing Healthcare](#) or visit CFSA’s online policy manual at <http://cfsa.dc.gov/>.